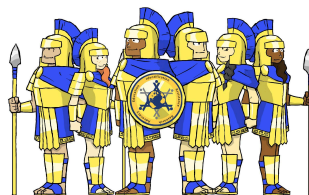


Tips from the “Chaperones”

Fabry community members taking Galafold



Some individuals with Fabry disease may be eligible to take an oral medication that acts as a chaperone therapy. It adjusts a person’s alpha-galactosidase A enzyme to work well enough to clear out the fatty buildup of GL-3 that occurs with Fabry disease. Only individuals with amenable *GLA* variants (aka mutations) can take this therapy. Talk to your doctor if you’d like to learn more.

The oral chaperone therapy approved in the United States is called Galafold (migalastat).

Galafold is taken on an empty stomach.

- No eating or drinking for at least 2 hours before and 2 hours after taking this medication
- Drinking water is allowed during this time

Galafold is taken every other day, as close to 48 hours from your last pill as possible.

For more information, visit: <https://www.galafold.com/patients/about-galafold/taking-galafold.php>

We asked individuals who take this medication (nicknamed “Chaperones”) for any tips or best practices, and here’s what they said:

- Figure out a schedule for taking the medicine that works best for you and your eating schedule.
- Many take their medication first thing in the morning or right before bed.
- Use a calendar reminder or digital alarm to remind you to take your pill.
- The manufacturer of this drug has created an App that can be used to track your medication.
- Some people mark the medication packaging with the dates they will take each pill.
- Some people add the pill to their pill organizer for the appropriate days.